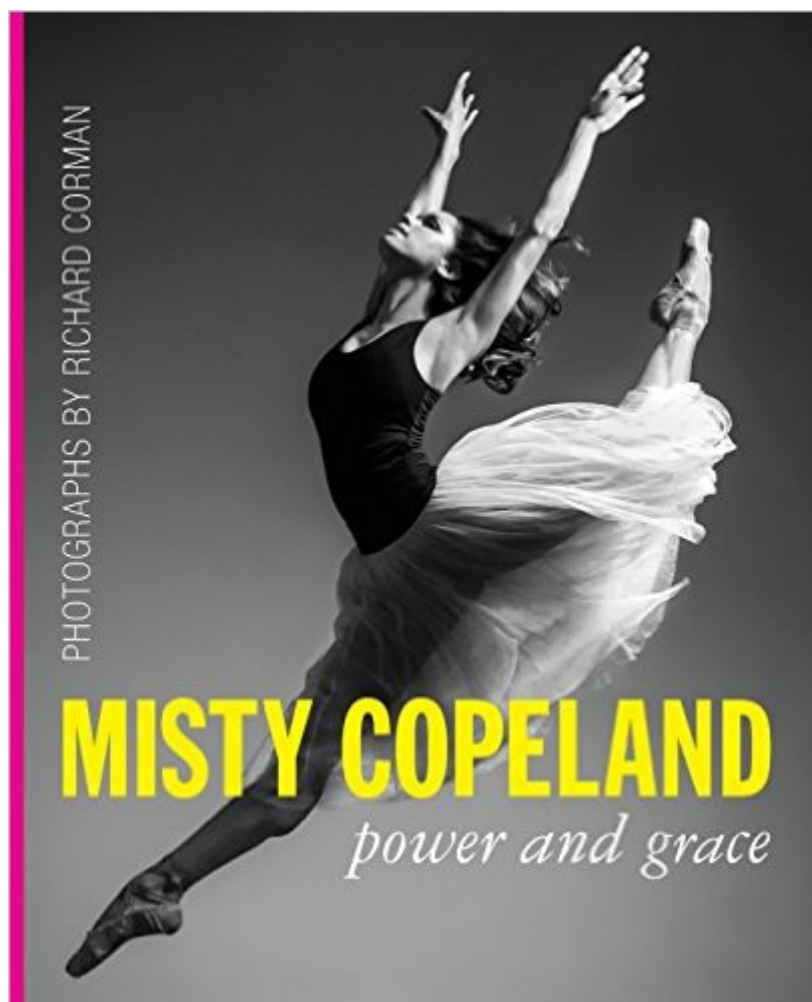


The book was found

# Misty Copeland: Power And Grace



## Synopsis

Power and grace define Misty Copeland—a influential ballet dancer who has broken through difficult barriers to become the first female African-American to be promoted to principal dancer at the American Ballet Theatre. Misty has proven adversity can be conquered by reaching higher and working harder to define what is humanly possible, regardless of the path one chooses to follow their dreams. In Misty’s own words, “Finding your power doesn’t have to be scary. Instead, it makes you feel in control, strong, and proud.” Through the stunning black-and-white photography of Richard Corman and Misty’s own words, her inspiring message of hope, strength, and focus speaks to young girls and women. In the introduction, Cindy Bradley, Misty’s ballet teacher who discovered and encouraged Misty to develop her talent and follow her heart, gives context to the obstacles and challenges that helped Misty find her power and achieve success. “Misty Copeland is the embodiment of the American dream.” — Bill Whitaker, 60 MINUTES

## Book Information

Paperback: 60 pages

Publisher: Michael Friedman Group (July 31, 2015)

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ISBN-10: 0692493239

ISBN-13: 978-0692493236

Product Dimensions: 7.5 x 0.2 x 9.2 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars — See all reviews (24 customer reviews)

Best Sellers Rank: #68,872 in Books (See Top 100 in Books) #7 in Books > Arts & Photography > Photography & Video > Individual Photographers > Essays #19 in Books > Arts & Photography > Photography & Video > Criticism & Essays #22 in Books > Arts & Photography > Performing Arts > Dance > Classical

Age Range: 10 - 13 years

Grade Level: 5 - 8

## Customer Reviews

I bought the book for my granddaughter who dances, giggles and rolls on the floor, so that one day she too may rock the stars. This inexpensive book will inspire youngsters to do their own thing while seeking a pathway to their own success. The empowering quotes of Misty Copeland resonate with

the wonderful photos of Misty dancing in a studio and on an old piano. You can see that she is having the time of her life. The introduction by Misty's first ballet instructor put a lump in my throat.

This is a powerful book. The photos and quotes do a wonderful job capturing and illustrating Misty's strong yet graceful being. I definitely recommend it to all readers, especially young women. Misty is an amazing role model.

I've never had a book that's perfect for my coffee table before, not until now. Most folks have books of European countries or photos of fantastic dinners and hors d' oeuvres. Me, I now have the lovely Misty Copeland. This young lady, used to play basketball and dance at the Boys and Girls Club- having fun just being a kid. But her teacher saw something special in her and managed to get her a scholarship. Four years later, she was the first African-American female principal dancer for the American Ballet Theatre. Richard Corman's book, *Misty Copeland: Power and Grace* shows the magic of the blessings she was given and the opportunity to become what many "little brown girls" only dream of! The photos show liveness, symmetry, and inventiveness. She's not only beautiful but what she does with her body and those magical feet is beyond dance. This more of a picture book than a novella or novel, but it's one that your table will crave! I'm so happy to have received such a lovely book! Check it out! Book provided by The Reading Room For more on this book and other reviews: <http://tinyurl.com/na4unzd>

Beautiful book with a powerful message for young girls, especially Black girls. I ordered this for my 13 year old grand niece who is very interested and active in dance. She loved the book.

In process of reading but not finished. So far I love this autobiography. She is amazing and an amazing role model. Her philanthropy is awesome.

Like the book. Full of different pics. Suitable for a young girl, not so much for reading but more for looking. Young readers would enjoy.

I sent it back. It was beautiful picture but we were looking for more to read about Misty. It was too expensive to pictures only.

I was very impressed with Misty Copeland's book and Firebird. My niece was thrilled to see an African American ballerina in such a prestigious role. She is a great role model.

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Misty Copeland: Power and Grace Paddy the Puppy (Fairy Animals of Misty Wood) Life Lessons from a Bad Quaker: A Humble Stumble Toward Simplicity and Grace Stay: Lessons My Dogs Taught Me about Life, Loss, and Grace Grace, Grits and Ghosts: Southern Short Stories Amazing Grace and Other Gospel Sounds for Harmonica (Instrumental) Romans: Grace and Glory (The Passion Translation): The Passion Translation Romans: Grace and Glory (The Passion Translation) Romans: Grace, Truth, and Redemption (MacArthur Bible Studies) Training and Riding with Cones and Poles: Over 35 Engaging Exercises to Improve Your Horse's Focus and Response to the Aids, While Sharpening Your Timing and Accuracy Counseling and Psychotherapy with Children and Adolescents: Theory and Practice for School and Clinical Settings America The Black Point of View - An Investigation and Study of the White People of America and Western Europe and The Autobiography of an American Ghetto Boy, The 1950s and 1960s Pride and Prejudice and Zombies (Movie Tie-in Edition) (Pride and Prej. and Zombies) Eye of Newt and Toe of Frog, Adder's Fork and Lizard's Leg: The Lore and Mythology of Amphibians and Reptiles Day Trading: Day Trading for Beginners - Options Trading and Stock Trading Explained: Day Trading Basics and Day Trading Strategies (Do's and Don'ts and the Small Letters) - 3rd Edition Day Trading: Day Trading for Beginners - Options Trading and Stock Trading Explained: Day Trading Basics and Day Trading Strategies (Do's and Don'ts and the Small Letters) Supply Chain and Logistics Management Made Easy: Methods and Applications for Planning, Operations, Integration, Control and Improvement, and Network Design Independence in Latin America: Contrasts and Comparisons: Joe R. And Teresa Lozano Long Series in Latin American and Latino Art and Culture The Hop: Its Culture and Cure, Marketing and Manufacture; A Practical Handbook on the Most Approved Methods in Growing, Harvesting, Curing, and ... Use and Manufacture of Hops (Classic Reprint) Thomas Kinkade Gardens of Grace 2016 Wall Calendar

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